

Burroughs Mountain Loop Trail

July 16th, 2022

Mount Rainier Park – Ashford, WA

Starts at 8am

General Information:

- **9.4 miles.** 2,562ft elevation gain
- Approximately 5 hours to complete.
- This hike is rated as “challenging”
- A pass into Mt Rainier National Park is required.
- Meet in the main parking lot outside of the Visitor Center at **8am sharp** for a brief pre-hike meeting and group photo before we begin our ascent.
- Hike will be led by Coach Jessi

What to expect: This hike is challenging and not encouraged to be completed by novice hikers. The hike begins at the Sunrise Visitor Center, there is a nice paved parking lot here and facilities open to the public. Expect to see a lot of wildlife on this hike, bring your camera!

What to wear: Hiking boots strongly encouraged for this hike. Trekking poles are nice as we will likely have snow fields to cross. Weather and trip reports will be checked by Coach Jessi before the hike to determine if YakTrax (crampons) are going to be necessary (you can find these at an affordable price point on Amazon). Layers are important at this elevation; you will be sweating and exposed to more severe elements. Moisture wicking layers (no cotton) are encouraged. *A trip report will be sent out a week before with details on trail conditions and weather.*

What to pack: A backpack with ample nutrient dense snacks and water. This is a long hike, pack enough water for yourself! Considering having extra water and snacks in the car for when you return. Sunscreen is crucial at this elevation! A hat and protective eyewear is nice to have (darker shade sun glasses to provide protection from sun reflection off snow fields). Bug spray and a small garbage bag for your personal trash accumulation. Considering keeping an extra layer for warmth in your pack (e.g. a wind breaker). Don't forget a camera to capture the wildlife and views. Be aware, the National Park is home to black bears, they are not aggressive and before the hike begins, Coach Jessi will review wildlife etiquette.

Getting there: The trail head is at Sunrise National Park Visitor Center. This is off SR 410 outside of Enumclaw, WA. Sunrise Park RD, Ashford, WA 98304

Costs:

- Trekking poles \$21.99 [View on Amazon](#)
- Crampons (depending on conditions) \$19.99 [View on Amazon](#)
- National Park Pass (to be purchased at entrance of park) \$30

Learn more: www.wta.org/go-hiking/hikes/burroughs-mountain